



Kids Volunteer Guide

A healthy, happy life for every animal!



Headquarters: 401 Hillside Ave. Hillside, NJ 07205

www.pfaonline.org

Contact: Lori@pfaonline.org

About People for Animals, Inc. (PFA)

Founded in 1980 as an independent non-profit organization, PFA's mission is to prevent animal suffering through affordable essential healthcare, public policy advocacy, and community programs.



PFA operates three high quality, low cost, spay neuter clinics, offering essential health care, wellness services, spay shuttle service and a mobile spay station.

PFA performs more spay/neuter procedures in our clean professional and well equipped facilities each year than any other provider in NJ! (22,000 yearly!) Because of our surgeon's expertise in utilizing the latest surgical techniques, small incisions, and short anesthesia time, our patients suffer very little pain and have a fast recovery.

Our fleet of spay shuttle vans transport thousands of animals each year from designated locations to our clinics! Helping us reach animals all over NJ!

PFA is the administrator of the NJ component of SPAYUSA's national program: Spay/NJ is our toll free referral hotline which helps residents of NJ find low cost spay/neuter services in their area.

Our wellness services program offers affordable routine pet care to the general public and animal welfare groups.

PFA's veterinarians help train veterinary students in our veterinary student externship program.

PFA operates an adoption program for the friendly cats and kittens that we save with our community cats program. Some of our cats are transported via our Kitty Academy program to shelters in New England because there is actually a shortage of cats and kittens in that region!

PFA offers expert consultation to promote humane public policy to elected officials at every level of government. We have successfully advocated for Humane Feral Cat Population Control (Trap Neuter Vaccinate Return) in many NJ municipalities. We also offer workshops on TNVR to organizations and interested groups.

PFA is a nonprofit organization. Nonprofit organizations work for a good cause and for the good of a specific group.

In PFA's case, we work to improve the lives of animals!

Nonprofits do not make money by selling a product. Instead, they rely on support from their communities to continue their good work. PFA is able to help animals because of all the wonderful philanthropists in our community.



Philanthropy is love for human and animal-kind and taking action to make the world a better place for all.

A philanthropist is any person donating their time, money, or talent to a good cause. If you choose to help and take action for animals, you are a philanthropist!

If you love animals - you can help!



Thank you for helping us help them!

The following are some ideas to use your unique interests and talent to help our animals:

Are you an animal loving family? Fostering is for you!

Foster a Kitty Academy cat or kittens in your home. Many of our homeless pets arrive either too young, sick, or shy to be adopted out right away.

Our foster families provide a temporary home for these animals in need, giving love and having fun! Often kittens just need a bit more time to grow before being adopted into their forever home. Adult cats may be shy or frightened and need some time to feel more confident and trusting.

If your family is considering adopting a cat or kitten, fostering is a great way to see if you are ready for such a big responsibility.

As fostering involves the whole family, a parent or guardian will need to fill out a PFA Volunteer Application at www.pfaonline.org/donate/volunteer/

Educate your family and friends about PFA and our wonderful programs to help homeless pets. Post flyers about our events and programs in your school, local shops, and organizations. Always ask the manager of the location if you can post the flyer and be sure to return after the event to take it down.



Are you a great organizer? Hold a Supply Drive or Donate A Party to PFA!

Hold a pet supply drive at your school, place of worship, or with a group you belong to collecting most needed items from our wish list. Or you can ask for donations as gifts at your next party and donate them to PFA. Share our Amazon wish list with your friends and family!
www.amazon.com/gp/registry/wishlist/1A9MU63ORUKF8/ref=nav_wishlist_lists_1

PFA's Most Needed Wish List

Non clumping litter (Tidy Cats 24/7 performance preferred)

Dry kitten food (Purina One preferred)

Dry cat food (Purina One Preferred)

Towels/sheets/blankets

Cat Beds

Thin fleece blankets

Cat Toys (wand toys, balls, little mice toys)

Canned cat food (Friskies Pate preferred)

Royal Canin mother and baby cat canned food

Royal Canin mother and baby cat dry food

KMR powder for kittens

Baby food (Meat flavor)

Bleach

Laundry Detergent

Paper Towels

Hand Soap

Pens

Puppy training pads

Newspaper

Used Dog Collars, Leashes, Cat Carriers, Crates

Neighborhood Cats Tomahawk Traps



https://www.livetrapped.com/index.php?dispatch=products.view&product_id=30179

Are you an entrepreneur? Hold a fundraising event!

Put your passion to work for animals!

Set up a lemonade stand, bake sale, dog treat sale, car wash, or a garage sale, and donate the funds you raise to PFA.



Host a movie night for animals!

Invite friends and family to a movie night for animals! Request an "admission fee" to be donated to the animals. You can choose animal themed or friendly movies such as Disney's *Born to Be Wild*, *The Aristocats*, Dr. Seuss' *The Cat in the Hat* or *The Lorax*.

Donate your birthday!

Every year, PFA receives donations from very generous kids who decide to ask for donations to help animals instead of presents for their birthday, Bar Mitzvah (or Bat Mitzvah)! We are very lucky to have such kind and compassionate kids helping animals! www.pfaonline.org/donate/make-donation/



Help us make more friends!

Ask your family and friends to Like our Facebook page and share our posts. The more people who see our posts the more animals we are able to help! www.facebook.com/pfanj/

Are you Artistic or Crafty? Use your talent to help animals!

Sell your artwork, crafts, or photos on Facebook and donate the proceeds to PFA!



Are you handy? Make feral cat homes!



Styrofoam Insulation



Second Container filled with Straw



Cover Second Container



More Insulation



Final Cover



Completed Shelter

Feral cats need a warm dry place to sleep you can help them by making them a home!

One of our favorite designs uses two Rubbermaid™ storage bins with removable lids.

Again, it's important the brand is Rubbermaid™; otherwise, the plastic walls may crack in frigid temperatures. Also, an earth-tone bin blends in best with the environment, making it aesthetically pleasing to you and your neighbors and more natural in appearance to the cats. You'll also need an eight-foot by two-foot sheet of one-inch thick hard Styrofoam, a yardstick, box cutter, and straw for insulation.

To assemble:

1. Cut a doorway six inches by six inches in one of the long sides of the bin towards the corner. Cut the opening so that the bottom of the doorway is several inches above the ground to prevent flooding.
2. Line the floor of the bin with a piece of Styrofoam, using the yardstick and box cutter to cut the piece. It doesn't have to be an exact fit, but the closer the better.
3. In a similar fashion, line each of the four interior walls of the bin with a piece of the

Styrofoam. Again, perfect cuts are not necessary. Leave a gap of three inches between the top of these Styrofoam "wall pieces" and the upper lip of the bin.

4. Cut out a doorway in the Styrofoam interior wall where the doorway has already been cut out in the storage bin.

5. Measure the length and width of the interior space and place a second, smaller-size bin into the open interior. This bin should fit as snugly as possible against the Styrofoam wall pieces. Cut a doorway into this bin where the doorways have been cut into the Styrofoam and outer bin.

6. Stuff the bottom of the interior bin with straw or other insulating material (no blankets or towels!) to provide both insulation and a comfortable spot to lie down.

7. Cut out a Styrofoam roof to rest on top of the Styrofoam wall pieces.

8. Cover the bin with its lid.

This shelter is easy to clean by taking off the lid and the roof. It is lightweight and may need to be weighed down. A flap over the doorway is optional.

Make Toys to make our kitties happier and more comfortable!

Cat Nip Toys

Supplies

- Infant or child-size crew socks
- Cotton balls
- Dried catnip (Catnip can be purchased at any pet store.)
- Non-toxic permanent markers
- Non-toxic washable fabric glue



Instructions

1. Stuff the toe of the sock with cotton balls and add 1 tablespoon of dried catnip.
2. Squeeze the fabric glue on the inside of the sock's ribbing to glue the sock closed, or knot the top of the sock.
3. Have fun, be creative, and decorate these kitty toys with the fabric markers!

Note: Please do not add any additional fabric, yarn, sequins, or glitter. These can be dangerous to the kitties!

No-Sew Cat Fleece Cat Beds

Items you'll need:

- Two pieces of fleece fabric (1/3 yard each)
- Fabric scissors
- 4" x 4" piece of paper

Take your two pieces of fleece and put one piece on top of the other, lining up the edges so they are even.

*45 Minute
*Fully Washable
*Soft & Thick

**No-Sew
PET
Cushion**



Trim off any extra around the edges of your fleece. Remember, you need to try to cut straight, but it doesn't have to be.

Take your piece of 4" x 4" paper and lay it on the corner of your blanket. Then cut out the corner through both layers. Do this on all four corners.

Now you are ready to cut your pieces of fringe. Cut 4" into both fleeces at 1" wide. Proceed to cut 1" intervals on all four sides.

Starting on one side and using one piece of fringe from each piece of fleece, tie using basic hand knots. Tie these knots on every piece of fringe around the entire blanket.

Create a Snuffle Mat- it's a great brain activity for dogs!



IMAGES SOURCED: ACCOMPLISHED CANINES

The Snuffle mat allows dogs to use their senses. Since most of the food will be buried, the dog will have to use his/her nose to root it out as well as his/her eyes. Then, he/she will have to use his/her paws to dig or his/her teeth to maneuver the fleece strips to get at the food. This takes a lot more mental and physical stimulation than most slow feeding bowls.

When it's not being used for food, your dogs can use it as a nice plush bed.

Materials Needed:

1. **A rubber anti-fatigue mat.** You can find them at Home Depot or on Amazon.

2. **A TON of fleece fabric** - color doesn't matter. The size of your mat will make a difference in how much fleece you need. As an example, 119 strips that are about 3" wide by 11" long will make a 12 x 12 mat. Four and half yards of fleece is a good amount to start with for a 12 x 12 mat.

3. **Scissors**



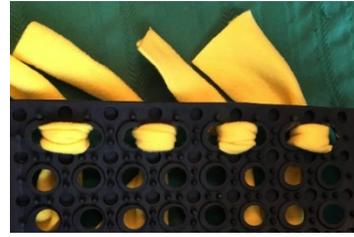
Making Your Snuffle Mat:

Step 1. Cut your mat down if needed. Cut out your strips. Remember, they don't have to

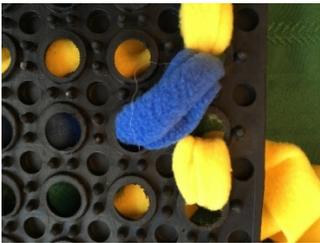


be perfect!

Step 2. Take one of your strips and tie a piece through each hole going down each row until you've done the whole mat.



Step 3. Go back and tie pieces on the diagonal, to fill the gaps.



The second diagonal piece should look like this - making an "x" :



This is what it looks like on the other side after tying the two diagonal pieces:

That's it! You are done!

Here is the back view of a finished snuffle mat:

IMAGE SOURCE: ACCOMPLISHED CANINES



And the front view



IMAGE SOURCE: ACCOMPLISHED CANINES

A quick note about safety: If a dog destroys toys make sure they are supervised with the snuffle mat. To clean it take it outside and shake it!

Make a Tug Toy for Dogs!



1. Cut your old T shirts into 12 strips (the bigger the T shirt the bigger the tug toy)

2. Basic Round Knot

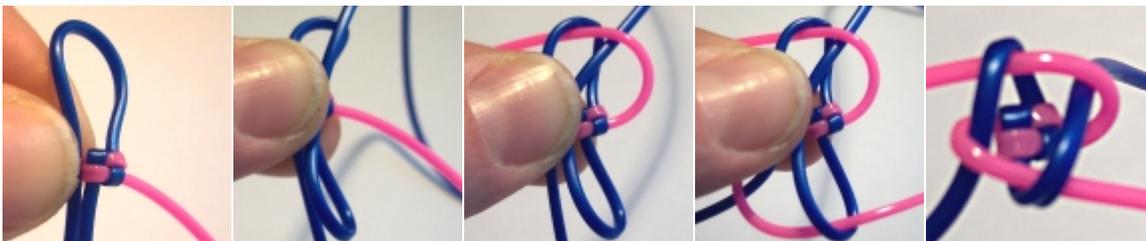
This knotting technique uses 2 Scoubidou strands (4 ends) You can start without or with a loop. With the 4 strands make a diagonal loop down from right to left, so that strand 4 is on the other side of strand 3. With strand 3 make a loop diagonally up from left to the right, so that strand 3 is on the other side of strand 4.

Pass strand 1 over the open end of strand 3 and through the loop of strand 4. With strand 2 go over the open end of strand 4 passing through the loop of strand 3. Now tighten the strands evenly and a square will appear.



3. Continue knotting to get a long round knotted tug toy!

4. Tie a knot at each end!



Looking for a Big Amazing Project? How about a feral cat home like this:



Or a raised feral cat feeding station like this: (18" off the ground)



If you are able or interested in a project like one of these please call Our Community Cat Program Manager at 973-282-0890 x 222

THANK YOU FOR CARING ABOUT ANIMALS!!